

## **WHEN DO I HAVE FEELINGS?**

In the sentence-completion exercise, your child can learn about his or her feelings and the parent can learn more about how their child feels in certain situations. Explain to your child that you will begin the sentence and encourage your child to complete the sentence.

1. I feel happy when ...

2. I feel sad when ...

3. I feel angry when ...

4. I feel scared when ...

5. I feel silly when ...

6. I feel excited when ...

7. I feel surprised when ...

8. I feel shy when ...

9. I feel embarrassed when ...

10. I feel worried when ...

11. I feel proud when ...

12. I feel bored when ...

13. I feel tired when ...